



A Resolution that Works

Automated safety—all new cars are touting it. One car memorizes how you drove into a place and can automatically reverse you out of that situation. Does that mean the car I scraped on the way in will get scraped again on the way out?
 As we reflect on the past year, all of us have a few scrapes that we do not want to repeat. Those mistakes are done. They cannot be undone. Now, how will I respond? If I approach my past mistake as a learning opportunity, good will result. If all I do is think about it and cringe, I will be guilt-ridden.
 Let's use those mistakes to fashion plans for improvement. And since we are at the turn of a New Year, let's make them New Year's resolutions. The sad fact is that most New Year's resolutions don't work; many self-improvement plans fail.
 But there is hope! Here's why: We make mistakes because of wrong desires. Whether it's addiction to a bad habit, badly spoken words, or poor choices, the trail always leads to a wrong desire. I'm oversimplifying, but life change can happen when we replace a self-absorbed desire with a worthy desire. New Years is a good time to make these changes, and the best way for this commitment to impact me permanently is to put the new desire I'm pursuing into a single word. In 2018 my Word of the Year is Boldness; my 2019 Word of the Year is Mentor. Choosing my Word of the Year and writing it in a place where I review it daily is a New Year's resolution that works!

Mark Coblenz

PRICES GOOD DECEMBER 10-15, 2018

GROCERY



- See our 2 WEEK CHRISTMAS SPECIALS ad elsewhere in this paper!
- | | |
|--|---|
| General Mills
Chex Cereal
12-14 oz.
\$1.99
ea. | Walnut Creek
Meltz Cheesy
32 oz.
\$3.59
ea. |
| Inn Maid
Noodles
16 oz.
\$1.89
ea. | Walnut Creek
Oil
48 oz.
\$2.99
ea. |
- Tostitos
Chips 10-13 oz. **2/\$6.00**
- Nickles
Italian Bread 20 oz. **3/\$5.00**
- Puffs
Facial Tissues 124-180 ct. **2/\$3.00**
- Mr. Clean
Liquid 40 oz. **2/\$5.00**
- Pepsi** All Varieties, 16.9 oz., 6 pk. **5/\$11.00**
- 7UP** All Varieties, 2 liter **3/\$4.00**

PRODUCE

- | | |
|--|---|
| | Blueberries or Blackberries
2/\$4.00
6 oz. |
| | Idaho or Red Potatoes
\$1.88
5 lb. |
| | Avocados
79¢
ea. |
| | All Bulk Apples
69¢
lb.
<small>(Excluding Evercrisp & Honey Crisp)</small> |
- Dole
Spinach 8 oz. **2/\$4.00**
- Whole or Sliced
White Mushrooms 8 oz. **3/\$5.00**
- Herb of the Week
Fresh Mint .5 oz. **\$1.69**
ea.

DELI

- | | |
|--|---|
| | Walnut Creek
Virginia Ham
\$2.89
lb. |
| | Walnut Creek
Oven Roasted Turkey Breast
\$3.59
lb. |
| | Walnut Creek
Marble Cheese
\$2.99
lb. |
| | Walnut Creek
Muenster Cheese
\$2.79
lb. |
- Walnut Creek
Hard Salami **\$3.69**
lb.
- Walnut Creek
Cracker Cuts 9-10 oz. **\$3.29**
ea.
- Macaroni
Salad **\$3.09**
lb.

DAIRY

- | | | |
|---|---|---|
| Smith's
2%, 1%, Skim, Choc. Milk
\$2.29
gal. | Smith's
Whole Milk
\$2.59
gal. | Pillsbury
Crescent or Cinnamon Rolls
2/\$4.00
8-12.4 oz. |
| Buttermilk
16 oz. | Best Choice
Biscuits
4/\$5.00 | Yoplait
Yogurt
10/\$5.00
4-6 oz. |
- Blue Bonnet
Margarine 16 oz. **99¢**
ea.
- Simply Orange
Juice 52 oz. **\$2.99**
ea.
- Smith's
Cottage Cheese 16 oz. **\$1.89**
ea.

MEAT

- HOLIDAY HAMS AVAILABLE!**
- | | |
|--|--|
| | 90% Lean Hamburger
\$3.99
5 lb. bag lb. |
| | Gerber's Frozen
Chicken Breast Pieces
\$1.39
10 lb. bag lb. |
| | Pork Shoulder Roast
\$1.69
lb. |
| | Pork Tenderloins
\$2.99
lb. |
- Walnut Creek
Beef Franks 1 lb. **\$3.19**
ea.
- Trail
Bologna Original only **\$3.99**
lb.
- Uncle Mike's
Beef Jerky 14.5 oz. **\$14.49**
ea.

BULK

- | | |
|--|---|
| | Quick & Rolled Oats
49¢
lb. |
| | Vanilla or Chocolate
Instant Pudding
\$1.39
lb. |
| | Peter's
Chocolate Wafers
\$2.79
lb.
<small>Milk, Dark & White</small> |
- Pretzel
Rods 10 oz. **79¢**
ea.
- Peters
Caramel **\$3.79**
lb. **\$16.99**
5 lb. ea.
- Sesame
Sticks **\$1.99**
lb.

FROZEN

- | | | | |
|--|---|--|--|
| | Real Bacon Bits
\$68.99
10 lb. case ea. | | Popcorn Chicken
\$3.79
lb. |
| | Smith's
Ice Cream
3/\$9.00
1.5 qt. | | Tator Tots
\$1.59
lb. |
- Frozen
Red Tart Pitted Cherries **\$1.39**
lb.
- Walnut Creek Premium
Prestige Coffee 8 oz. **\$9.99**
ea. **\$71.99**
2L ea.

BAKERY

- | | | | |
|--|---|--|---|
| | COOKIE OF THE MONTH
White Chocolate Cranberry Dreams 12 ct. \$5.99
ea. | | CUPCAKE OF THE MONTH
Hot Chocolate Cupcakes 9 ct. \$5.99
ea. |
|--|---|--|---|
- Glazed or Iced
Cinnamon Buns 4 ct. **\$4.39**
ea.

TERRIFIC TUESDAY

- TERRIFIC TUESDAY SPECIALS AVAILABLE FROM 6-8PM MONDAYS AND ALL DAY TUESDAY!
- | | |
|---|---|
| Walnut Creek
Shredded Cheese 2 lb. \$4.69
ea. | Ohio
Maple Syrup 32 oz. \$12.99
ea. |
|---|---|
- FREE Coffee & Donuts**
at both locations from 8-10am Tuesday! While supplies last.

KITCHENWARES

CANNERY

- 20% OFF* CAMILLE BECKMAN PRODUCTS**
While Supplies Last. Must have coupon at time of purchase. Valid in-store Dec. 10-15, 2018.
- 40% OFF CHRISTMAS DÉCOR**

- | |
|---|
| Walnut Creek
Apple Butter Barbeque Sauce 18 oz. 2/\$5.00 |
| Walnut Creek
Mixed Berry Jam 9 oz. \$2.49
ea. |
| Walnut Creek
Pickled Garlic 14 oz. \$4.99
ea. |

Mudd Valley

CAFÉ & CREAMERY

ICE CREAM SPECIAL **WEEKLY SPECIAL**

ROOT BEER FLOAT **DOUBLE CHEESEBURGER, SIDE, REG. DRINK**

\$2.50 ea. **\$9.79** ea.

2641 ST. RT. 39, WALNUT CREEK
330-852-2888

4727 US 62, BERLIN
330-893-3273

OPEN MON. 8:00-8:00, TUES.- FRI. 8:00-6:00, SAT. 7:30-6:00