



WALNUTCREEKCHEESE.COM



WINTER HOURS: WE WILL BE CLOSING AT 7 PM ON MONDAY NIGHTS FROM JANUARY THROUGH MARCH

FLAVOR OF THE MONTH
JANUARY
Coffee

An unfulfilled life. What if, at the later stages of my life it is determined that eating full-fat foods is not harmful and that my choice of the low-fat option was based on guilt, not science? Our focus should be good fats versus bad fats, not full-fat versus low- or no-fat. Two current trends are changing the discussion on fats in our diet. The price of full-fat milk is trending higher over low-fat, indicating that we're appreciating the benefits of good fats. The second indicator is that the FDA has identified trans fats as bad and banned them effective June 2018. Perhaps this is the year we finally figure out the truth on fats—and enjoy them!

Mark Coblenz

PRICES GOOD JANUARY 8-13 2018

GROCERY

 General Mills Cereal Select Varieties 3/\$5.00 8.9-12.25 oz.	 General Mills Bugles 7.5 oz. 4/\$5.00
 Kellogg's Special K Cereal Select Varieties \$1.99 ea. 11.2-12.5 oz.	 Little Debbie Snacks Select Varieties 4/\$5.00 9.5-16.2 oz.
Mid's Pasta Sauce 32 oz. \$2.99 ea.	3/\$4.00
Pringles Chips 4.9-5.68 oz.	\$1.89 ea.
Nickles White Bread 20 oz.	\$3.99 ea.
Schultz Salty Stix Pretzels 3 lb.	\$3.49 ea.
Downy Liquid Fabric Softener 34 oz.	\$9.99 ea.
Charmin Essentials Bath Tissue 24 ct.	2/\$5.00
Doritos 9.75 oz.	

PRODUCE

 Russet Potatoes 10 lb. 2/\$5.00
 Red Raspberries, Blackberries, Blueberries 6 oz. \$2.99 ea.
 Halo Clementines 3 lb. \$4.99 ea.
 Green Giant Whole White Mushrooms 8 oz. 2/\$3.00
Fresh Express Garden Salad 12 oz. \$1.19 ea.
Mango 99¢ ea.

DELI

 Walnut Creek Brown Sugar Ham lb. \$2.89
 Walnut Creek Oven Roasted Turkey Breast lb. \$3.59
 Guggisberg Baby Swiss Cheese lb. \$3.89
 Walnut Creek Mild Cheddar Cheese lb. \$2.79
Sugardale Cleveland Bologna \$1.99 lb.
Walnut Creek Pepper Jack Cheese \$3.19 lb.
Potato Salad \$3.09 lb.

DAIRY

 Dannon Oikos Greek Yogurt 5.3 oz. 88¢ ea.	 Smith's Milk gallon \$2.39 ea.
 Pillsbury Grands Biscuits 16.3 oz. 3/\$5.00	 Yoplait Gogurt 8 ct. \$2.29 ea.
Smith's Orange Juice 1/2 gal. \$1.99 ea.	Walnut Creek Buttermilk qt. \$1.99 ea.

MEAT

 Strip Steaks lb. \$6.99
 Bulk Sausage lb. \$2.99
 Walnut Creek Reg. or Thick Bacon 16 oz. 2/\$7.00
Hillshire Farms Lit'l Smokies 14 oz. \$3.69 ea.
Walnut Creek Bone-In Ham Slices \$3.69 lb.
Gerber's Chicken Breast Pieces 20 lb. box \$33.80 ea.

BULK

 Light Brown Sugar lb. 65¢
 1M or 4M Semi Sweet Chocolate Chips lb. \$2.39
Runions Coating Mix 99¢ lb.
Dark Raisins \$1.79 lb.
Sliced Raw Almonds \$4.79 lb.
Cinnamon Bears \$1.59 lb.

FROZEN

 Provimi Veal Patties 12 lb. case \$66.49 ea. \$5.79 lb.	 Chicken Strips 10 lb. case \$42.99 ea. \$4.59 lb.
 Battered Onion Rings lb. \$3.19	 Red Raspberries lb. \$3.09
Always Save Vegetables 32 oz. \$1.79 ea.	Ice Cream 1.5 qt. \$3.19 ea.

BAKERY

 CAKE OF THE MONTH Boston Crème Cake \$6.99 ea.	 CUPCAKE OF THE MONTH Butterfinger Cupcakes \$5.99 ea. <small>NEW FLAVOR!</small>
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TERRIFIC TUESDAY

TERRIFIC TUESDAY SPECIALS AVAILABLE FROM 5-7PM MONDAYS AND ALL DAY TUESDAY!

 Walnut Creek Shredded Cheese 5 lb. \$10.99 ea.	 Walnut Creek Noodles 12 oz. \$1.39 ea.
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FREE Coffee & Donuts
at both locations from 8-10am Tuesday! While supplies last.

BUTTER CHURN

SWAN CREEK CANDLES AND MELTS
30% OFF
WHILE SUPPLIES LAST

CANNERY

 Walnut Creek Apple Butter 16 oz. 2/\$6.00
 Walnut Creek Mixed Berry Jam 15 oz. \$3.29 ea.
 Walnut Creek Hot Pepper Jelly 15 oz. \$2.99 ea.



CAFE & CREAMERY

ICE CREAM SPECIAL
BUCKEYE SUNDAE
\$3.69 ea.

WEEKLY SPECIAL
PULLED PORK SANDWICH, SIDE & REG. DRINK
\$5.99 ea.

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OPEN MON. 8.00-7.00, TUES.- FRI. 8.00-6.00, SAT. 7.30-6.00